



You're always at home with L.A. Care Health Plan!

For more than 20 years, as your local, community-inspired health plan L.A. Care has been providing affordable, quality health coverage throughout Los Angeles County.

Now, more than ever, selecting the right health care coverage for you and your family is incredibly important, and we're here to help. We offer a continuum of health plan coverage that best meets your needs, whatever your income or stage of life. L.A. Care is *Always Here to Help*.

The L.A. Care *Covered*™ Difference

As an L.A. Care *Covered*™ member you have access to added benefits such as:



L.A. Care is proud to offer access to UCLA Health, **RANKED #1** hospital in Los Angeles. As an L.A. Care *Covered*™ member, you have access to an extended network of UCLA Health Hospitals, over 56 Primary and Immediate Care Clinics, and over 2,500 Specialist conveniently located throughout Los Angeles.



Minute Clinics® are walk in retail clinics found at some CVS Pharmacy stores, another way you can get care for a condition that is not an emergency. They are staffed by nurse practitioners who can diagnose, treat and write prescriptions for minor illnesses, injuries and skin conditions.



Telehealth is L.A. Care's new benefit that offers access to doctors by phone or video 24 hours a day,





L.A. Care Community Link is an online search tool that connects you to free support services like food and housing assistance.





The Family Resource Centers (FRC) are your Centers for Health & Wellness. At our Family Resource Centers you can improve your health and elevate well-being.

At the Family Resource Centers (FRC), you can:

- Get **FREE** Health and Developmental Screenings
- Get information about local organizations and resources
- Learn about no-cost or affordable health coverage options
- ** Attend **FREE** health and wellness classes such as:
 - - Children's Classes
 CPR/First Aid
 Healthy Cooking Parenting Support





Community Resource Center

L.A. Care Health Plan and Blue Shield of California Promise Health Plan formed a unique collaboration to introduce safe, fun and inclusive Community Resource Centers across L.A. County. Our goal is to improve the health outcomes of our members and communities where they live.

At our Community Resource Center (CRC) you have access to:

- **Preventive Health Screenings**
- Social Services Assistance (housing, financial literacy and food security)
- ## Fitness and Exercise Classes Free on-demand virtual classes

Our friendly staff can tell you about the class schedule or you can visit **activehealthyinformed.org** for more details.

Life happens, and we want you to have the peace of mind that health care coverage offers.



L.A. Care *Covered*[™] has a health plan to fit your budget, your lifestyle and your health care needs. Call today for free one-on-one assistance at **1.855.222.4239** (TTY **711**).

L.A. Care Covered™ Plans Offers

- ** Access to nearly 3,000 primary care physicians, more than 4,000 specialty care physicians, and over 1,700 pharmacies
- No-cost preventive and wellness care
- Lab work and X-rays
- Mental health and substance use services
- Nurse Advice Line available, 24 hours a day, 7 days a week
- Benefits that can give you and your family peace of mind!



Enroll Today!

Here's how to enroll:

STEP 1



Call L.A. Care's Enrollment Support Services at **1.855.222.4239** (TTY **711**) to get step-by-step assistance STEP 2



Visit **lacare.org** to get a quote, view plan options and see if you qualify for financial assistance

STEP 3



Make your first payment online or by mail

STEP 4



Secure your Primary Care Provider (PCP) by calling Member Services at **1.855.270.2327** (TTY **711**) 24 hours a day, 7 days a week.

California State Requirement

Under new law in the State of California, anyone that qualifies for health care coverage will be required to enroll in a health plan. Having an L.A. Care $Covered^{\mathsf{TM}}$ health plan has many benefits that can give you and your family peace of mind.

The State of California has instituted an additional premium subsidy making it easier for more people to qualify for financial assistance. To find out how you can qualify, call our Enrollment Support Services department at **1.855.222.4239** (TTY **711**) or visit **lacare.org** to enroll today!

Our mission is to providing you and your loved ones with access to quality health care, while keeping our rates affordable. For All of L.A.!

To learn more about our health plans, call us at **1.855.222.4239** (TTY **711**) or visit us at **lacare.org**